



JOIN US for the 7th meeting of the

# Miami Ostomy Aftercare Support Group

Speaker:

**Sarah Biggart, manager,  
OSTOMY Secrets**

Sarah was diagnosed with ulcerative colitis about a year into her marriage in 2000. She had an ileostomy surgery in 2004, and a second surgery in 2011. Being involved in the ostomy community thru Ostomy Secrets and as a Me+ Ambassador is her way of reaching out to others who may be struggling with acceptance of their ostomies. She shares her experiences.



Patients and caregivers are encouraged to join in discussion on ostomy problems and share solutions.

Ostomy nurses are present to answer questions.

**Nov. 27, 2018 6 pm to 7:30 pm**

**University Of Miami Hospital and Clinics  
UMH Boardroom # 2026 (Lobby level-2<sup>nd</sup> floor)  
1400 NW 12<sup>th</sup> Avenue, Miami, FL 33136**

A blue arrow pointing to the right, with the text "NOTE NEW LOCATION!" written inside it in white, bold, sans-serif font.

**NOTE NEW  
LOCATION !**

**Parking garage next to the main entrance.  
Free of charge with validated ticket.**

For more information call 786-580-3928 or email  
[moap@miamiosfomyaftercare.org](mailto:moap@miamiosfomyaftercare.org).

Miami Ostomy Aftercare is a not for profit Florida public charity recognized by the IRS under 501(c)(3).